THE THIN LINE BETWEEN 'FAT' AND 'CURVY'

NOT-SO-SKINNY CELEBRITIES ARE BOTH ADORED AND CRITICIZED PAGE 17

VANCOUVER metro®

Tuesday, March 6, 2012

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STRIKE!

A girl holds up a sign outside Premier Christy Clark's constituency office on West 4th Avenue in Vancouver on Monday, joining nearly 70 other protesters on the first day of a three-day teachers strike. More coverage, page 6. KYLA JONAS/FOR METRO

Man charged in professor's slaying

SFU chemist was found dead last summer
PAGE 3

New chefs in contention

Quartet of B.C. cooks taking spotlight in new season of Top Chef Canada PAGE 4

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WorkSafeBC report cites Campbell in worker death

Workplace safety.
Roofer fell through skylight, died while working on former premier's summer home

MATT KIELTYKA
matt.kieltyka@metronews.ca

Gordon Campbell was unaware of his responsibilities when a roofer fell to his death while working on the former premier's summer home in 2011, according to WorkSafeBC.

The Workers' Compensation Board report into the July 4 death of David Lesko was released to media Monday, laying out the circumstances that led to the roofer's death at Campbell's residence in Halfmoon Bay.

While none of the employees on site witnessed the fall, investigators believe Lesko was crouched down while working on the home's roof when he took a step back and likely tripped over a wooden frame.

He fell through an exposed skylight opening, covered only by a sheet of polyethylene to keep dust out of the home below, and suffered fatal injuries as he landed on a tile floor inside the house.

Since none of the contractors on site were designated the "prime contractor," the responsibility technically fell to the homeowner — in this case Campbell — under the Workers Compensation Act.

According to the report, the prime contractor is "responsible for ensuring that the activities of employers and workers at the workplace relating to health and safety are co-ordinated and for establishing a system or process to ensure compliance with health and safety requirements."

Lead investigator Noreen Nomura found that Campbell (now Canada's high commissioner to Great Britain) was unaware of his responsibilities as prime contractor.

The report also found that the roof opening was not securely guarded, fall-protection equipment was not used and that the company — Weather Tight Supplies — failed to establish safe work procedures and provide adequate supervision.

Former B.C. premier Gordon Campbell METRO FILE

Melanie O'Neill METRO FILE

Man charged in murder of SFU professor

Vancouver police have arrested and charged a man in connection to the 2011 murder of a respected Simon Fraser University professor.

Melanie Alexis O'Neill, a 37-year-old chemist, was found dead inside her Kitsilano home July 26, 2011.

At the time, investigators said they were focusing on a single person of interest and finally arrested that suspect Saturday.

Matthew James Scott, 25, was arrested in Vancouver and has been charged with second-degree murder in connection with the incident.

"After a very intense seven-month investigation we arrested Mr. Scott on Saturday," confirmed VPD spokesperson Const. Lindsey Houghton. "The suspect had an on-again, off-again relationship with the victim and at the time investigators had no other suspects. Much of the details into their relationship will be used at evidence in court."

Houghton said that 40 investigators had worked on the case, and several other police departments throughout the Lower Mainland were involved.

Scott is scheduled to appear in court Wednesday for a bail hearing.

He is currently in custody.

MATT KIELTYKA/METRO

Hospital 'redoubling' efforts to control outbreak

B.C.'s health minister is reassuring the public that "everything possible that can be done is being done" to address the C. difficile infection outbreak at Burnaby General Hospital.

Health Minister Mike de Jong, who on Monday met up with officials representing Fraser Health and Burnaby Hospital, blamed the hospital's aging design and lack of enough bathrooms for the problem.

Health Minister Mike de Jong
PHYLICIA TORREVILLAS/METRO

"If you have four patients in a room as opposed to one patient or two patients, they're sharing the same bathroom. That is a challenge," he said.

But de Jong said hospital staff are "redoubling their efforts" to ensure that infection rates of C. difficile, which senior doctors say have led to 84 deaths over the last two and a half years, continue to drop.

"I'm here today to assure the public that they can receive top-notch care at Burnaby Hospital," he said.

PHYLICIA TORREVILLAS/METRO

Accused teacher

Crown outlines sex-crime case

The second trial of a former vice principal and teacher accused of sex crimes against a student got off to a testy start in Vernon Monday. The Crown outlined its case against Deborah Ashton, claiming she started sexual contact with the complainant when he was 13, ending it in 2005 when he was 15. THE CANADIAN PRESS

Human rights

Tribunal to hear convict's complaint

The B.C. Human Rights Tribunal has agreed to hear a complaint from a convict who claims his HIV treatment was interrupted while he was in jail, jeopardizing his health. Charles Mzite was convicted of aggravated sexual assault for having sex with four women without divulging his condition.

THE CANADIAN PRESS

1 NEWS

Online video

Putin Protest

An attempt by Vladimir Putin's foes to protest his presidential election victory by occupying a Moscow square ended with riot police quickly dispersing and detaining hundreds of demonstrators. Watch at metronews.ca/video

On the Web

Dieticians take to the web to bust nutrition myths and misconceptions. Scan the code for the story.

Chefs Trevor Bird, left, and Jimmy Stewart are two of the four B.C. chefs trying to take home the title on the Canadian edition of Top Chef, whose second season premieres March 12 on Food Network Canada. PHYLICIA TORREVILLAS/METRO

West Coast chefs ready to cook some butt in competition

Cheftestants. Return of Top Chef Canada means 'way crazier stuff, way more fun and more intense challenges'

PHYLICIA TORREVILLAS
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Four B.C. chefs are set to burn up all challengers to keep the Top Chef title on the West Coast.

Jimmy Stewart, 24, a sous chef at the Bearfoot Bistro in Whistler, said he wasn't intimidated by the more experienced chefs because "confidence is not an issue."

It would also be great if the Top Chef crown were to stay in B.C., he added.

Stewart said last year's winner, Vancouver chef Dale MacKay, advised him to just cook his heart out if he wants to win this season.

"I was bouncing around, helping out other chefs," Stewart said. "I gave Dale probably at least 30 resumés, and finally he said, 'You want to come in for a day?' I was like, 'Hell, yeah.'

"He gave me my big start and he got me my job in England. From there, I've gotten jobs and he's always been supportive."

Trevor Bird, 28, the only Vancouverite in the competition, said he did breathing exercises and stretches to cope with the stress of the competition.

"You were put into high-tension situations," said Bird, who runs his own catering business, Trevor Bird Cooking, and is opening his own restaurant. "Every day you went to bed with anxiety and woke up with anxiety."

Stewart said this season has "way crazier stuff, way more fun and more intense challenges."

"People are also going to see a group of chefs who are trying to prove themselves to Canada," he added. "Nobody is that well established in our entire group. We're all up-and-comers, and that's the exciting part. Everybody's going to get a chance to move up in the world."

Hail to the chefs

- **When.** Top Chef Canada returns on March 12 at 10 p.m. on Food Network Canada.
- **Who.** Actress and model Lisa Ray joins the show as host; Toronto chef and restaurateur Mark McEwan returns as head judge.

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Teachers begin 3-day strike, vow to strongly resist Bill 22

Labour. Union fights end to job actions, says demonstrations are not picket lines

The head of the B.C. teachers' union is apologizing to parents who had to scramble to find care for their children during the three-day teachers' strike.

But B.C. Teachers Federation president Susan Lambert said her members felt they had no choice but to walk off their jobs to "resist vigorously" the provincial government legislation that forces an end to the job action of 41,000 teachers around the province.

"We don't come to this in any cavalier or light fashion," she told reporters Monday morning outside an East Vancouver elementary school. "I apologize to parents for the inconvenience."

Lambert said the strike is the last resort for teachers to protest the bill that will force an end to their job action, impose a cooling-off period and bring in a government-appointed mediator.

"We just couldn't take it anymore, we just had to say something and we had to say it in a way that maybe this government finally will listen."

The strike has forced hundreds of last-minute programs for children at community centres around the province to help parents searching for a safe place for their children while they work.

The union's comments angered B.C. Education Minister George Abbott, who said the union is completely manipulating and distorting the picture for its members when it claims the bill means larger class sizes.

"That's unfortunate," Abbot said on CKNW radio.

Lambert said that the teachers want an independent mediator to find a compromise.

About 550,000 students will be without instruction for the next three days. They'll be back for two days this week and then most will be off for spring break.

The legislation will be debated this week in the legislature and, when passed, will impose heavy financial penalties if defied by the union or individual teachers.

The federation has been staging limited strike action to back demands for better wages and benefits since September, but voted to strike last week when Abbott introduced the legislation.

THE CANADIAN PRESS

BCTF president Susan Lambert speaks to reporters outside Sir Guy Carleton Elementary on the first day of the teachers' strike. DARRYL DYCK/THE CANADIAN PRESS

Teachers, parents pen protest letters to premier

Ingrid Sulston, mother of two, clutches letters written to Premier Clark by parents outside Clark's constituency office on Monday. KYLA JONAS/FOR METRO

Nearly 70 teachers, parents and students rallied outside Christy Clark's constituency office on Vancouver's west side on Monday to protest Bill 22, which would impose a contract on teachers.

"I hope Christy Clark gets the message that a lot of people are fed up with the way she's bullying our teachers," said Barbara Lando, mother of two elementary school children.

"I'm disgusted with our government's attempt to force a contract on them."

At 10 a.m. demonstrators showed their support by signing large posters covering Clark's Kitsilano office windows. As people drove by honking their horns in approval, protesters chanted, "Negotiate! Don't legislate!" and "Where's Christy?"

Letters addressing the need for a fair, negotiated settlement for teachers were written by parents and delivered to Clark's office as part of the three-day strike.

Kevin Washbrook, a parent whose children attend General Gordon Elementary, stood before the crowd and spoke of the need for fair and collective bargaining.

"Our premier, when she ran in the leadership race, she said, 'I'm going to be the listening premier.' Well, she's not listening to us today, she's not even here."

Ingrid Sulston, parent of two, believes the dispute is about not only wages but also problems with "class sizes and the support for the special-needs students."

Bayview schoolteacher and father Samuel Asmoucha agrees: "We're willing to give up our salary for a few days to make a point.

"Bill 22 takes away support for kids. It makes the situation in our classrooms worse."

Teachers throughout B.C. are protesting Bill 22 via a three-day walkout that began on Monday.

KYLA JONAS/FOR METRO

Hollywood North

Movie biz good for $1B in 2011

More money was spent shooting movies and TV shows in B.C. last year, but the industry is still worried about the future.

The B.C. Film Commission says spending was up 16 per cent to just over $1.1 billion, with a total of 281 productions.

THE CANADIAN PRESS

Unique find

Eight-legged discovery made

Scientists from the Royal B.C. Museum have discovered a rare spider near Columbia Lake in B.C.'s East Kootenay — the first recorded finding in Canada. Measuring just 1.5 millimetres long, only four or so specimens are known to science.

CRANBROOK TOWNSMAN

Court

Hit-and-run appeal denied

A man who mowed down three pedestrians on a downtown Vancouver street, killing two, has lost an appeal of his hit-and-run conviction.

Paul Antunes is serving a five-and-a-half year prison term for the November 2005 crash.

THE CANADIAN PRESS

Roads

Snow leads to deadly crash

A passenger in a pickup truck is dead and the driver has severe leg injuries after their vehicle crashed into a semi-trailer Sunday night on Highway 5, south of Valemount, near the B.C.-Alberta border.

The driver of the semi suffered minor injuries.

THE CANADIAN PRESS

Guard hurt

Police want to talk to shopper

RCMP in Surrey hope a dollar-store shopper will come forward to help catch the woman involved in an incident that seriously injured a security guard. The shopper reported the incident but left the store before being interviewed.

THE CANADIAN PRESS

Real Estate

B.C. market could see slowdown

The Canadian Real Estate Association says Alberta, Saskatchewan and Nova Scotia will fuel a modest increase in home sales across the country this year, while sales cool in B.C. National home sales are expected to climb by 0.3 per cent this year

THE CANADIAN PRESS

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Tories were warned about calls, says Elections Canada

Protesters take part in a robocall demonstration on Parliament Hill on Monday. SEAN KILPATRICK/THE CANADIAN PRESS

Politics. Growing scandal over allegations of voter suppression has party officials on defence

The Conservative party asked for the location of all polling stations and then contacted voters about where to find them during last year's federal campaign, despite a request they not do so by Elections Canada for fear of muddying the election-day waters.

It's the latest development in an evolving investigation into evidence that someone impersonated an Elections Canada official in order to misdirect voters to the wrong polling stations.

Elections Canada is investigating clear evidence of fraudulent calls in Guelph, Ont., amid an avalanche of unverified complaints of similar fake calls across the country.

The elections watchdog confirms the Conservative party requested a list of all polling stations before the federal vote on May 2, and that as a result Elections Canada provided the list to all parties.

In its statutory report following the 2011 campaign, released last August, Elections Canada highlighted the incident in a separate box.

"Because a polling site can be replaced by another at the last minute, and to ensure that electors always have access to the most accurate information regarding their location, Elections Canada indicated to political parties that the list supplied should only be used for internal purposes and that parties should not direct electors to polling sites," said the report.

THE CANADIAN PRESS

Trial. London jury hears horrifying story at Tori Stafford murder case

Eight-year-old Victoria Stafford's brutally beaten body, clad only in a Hannah Montana T-shirt, lay for 103 days in garbage bags under a pile of rocks far from home, a first-degree murder trial heard Monday.

There was a light covering of snow in the farmer's field where she was left on April 8, 2009, after being killed with several blows to the head with a hammer, a jury in London, Ont., was told in the Crown's opening statement. The snow was long gone by the time her badly decomposed body, with a pair of butterfly earrings belonging to her mother, was found by a police officer on July 19.

The Crown laid out its horrifying account of the Grade 3 student's last hours, after she was grabbed outside her school in Woodstock, Ont., on the first day of the murder trial of Michael Rafferty, 31.

It's alleged that Tori was abducted by Rafferty and Terri-Lynne McClintic, sexually assaulted and beaten to death within the span of several hours. McClintic, 21, has already pleaded guilty to first-degree murder and is serving a life sentence.

THE CANADIAN PRESS

100th anniversary

Mint releases Titanic coin

The Royal Canadian Mint has unveiled a commemorative silver coin to mark the centennial of the Titanic sinking. The collector coin, designed by Yves Berube, shows the ship under full steam as it nears an iceberg. THE CANADIAN PRESS

Weather

Warm winter set to give way to typical spring

Arctic winds may have given way to balmy breezes this winter, but the Weather Network is predicting the weather will spring back to normal in the coming months. THE CANADIAN PRESS

Back-and-forth

NDPer calls for Tory to quit over sleep accusations

NDP MP Peter Stoffer is calling on Tory MP Rob Anders to resign a House of Commons committee after veterans accused him of falling asleep at a meeting. THE CANADIAN PRESS

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App achievement

Apple app store hits 25 billion downloads

More than 25 billion apps have been downloaded from Apple's app store.

A news release from Apple on Monday said the downloads came from more than 315 million iPhones, iPads and iPods. The app store has more than 550,000 apps to date.

Chunli Fu of Qingdao, China, downloaded the 25 billionth app and won a $10,000 iTunes gift card.

THE ASSOCIATED PRESS

Stock soars

BP shares up after Gulf spill settlement

Shares in BP PLC have hit their highest level in over a year in the wake of the oil company's announcement that it had reached a settlement with victims of the massive Gulf of Mexico oil spill.

BP shares were up 1.6 per cent at 504.4 pence in midday trading in London Monday. The company's share price had earlier struck a high of 512 pence, its highest level since January 2011.

THE ASSOCIATED PRESS

Market Moment

DOLLAR
$100.58 US
(-0.57¢)

TSX
12,523.95 (-119.87)

OIL
$106.72 US (+2¢)

GOLD
$1,703.90 US (-$5.90)

Natural gas (per 1,000 cubic feet): $2.36 US (-13¢)
Dow Jones: 12,962.81 (-14.76)

EU eyes quotas for corporate boards

Gender equality.
European Commission says low presence of women in decision-making positions hurts companies' results

European Commissioner Viviane Reding addresses the media in Brussels on Monday. YVES LOGGHE/THE ASSOCIATED PRESS

The European Union is moving closer to introducing mandatory quotas for the number of women on company boards after businesses failed to make sufficient progress in gender equality over the past year.

The EU's Justice Commissioner, Viviane Reding, said Monday that at the current rate it would take more than 40 years for women to hold 40 per cent of board positions in Europe's publicly traded companies.

The European Commission, the EU's executive arm, said that over the past 12 months only 24 companies had signed a pledge to ensure that 30 per cent of their board positions are held by women by 2015. By 2020, that figure should increase to 40 per cent.

At the moment, only one in seven — or less than 14 per cent of — board members at Europe's biggest companies are women, the Commission said. That's up only slightly from just under 12 per cent in 2010 and despite the fact that 60 per cent of university graduates are now women.

The percentage of women chairing major European companies even fell slightly over the past two years, to 3.2 per cent from 3.4 per cent in January 2010.

Several EU states, including France, Italy and Belgium, have already adopted gender quotas for companies.

THE ASSOCIATED PRESS

Real estate

Home sales expected to outpace 2011

The number of Canadian homes sold this year will outpace 2011 while prices will hold steady in most parts of the country, the country's largest real estate association said Monday in a rosy revision to its 2012 outlook.

The Canadian Real Estate Association said the number of home sales will grow by 0.3 per cent this year to 458,800 from 457,305 units in 2011, largely due to the continuation of low borrowing rates.

The national average price is forecast to dip by 1.1 per cent in 2012 to $359,100 but that's due to a drop-off in multi-million dollar sales activity in Vancouver — Canada's most expensive real estate market.

Prices are expected to remain around current levels in most parts of the country, CREA said.

CREA expects Alberta, Saskatchewan, and Nova Scotia will drive the sales growth this year, offsetting weakness in other provinces.

THE CANADIAN PRESS

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EVERYBODY'S WORKING FOR THE WEEKEND

SHE SAYS...
Jessica Napier
metronews.ca/shesays

Last week, my friend Amy quit her job. There's nothing particularly interesting about this other than the fact that she gave her notice without any sort of plan for what comes next.

It's pretty bold to give up a stable working environment before you figure out your next step. Simultaneously liberating and terrifying, leaving a bad job is great, but giving up a regular paycheque certainly isn't. Part of me is jealous of Amy's optimism toward her uncertain future; the other part of me needs to pay my rent next month and likes owning a fancy cellphone.

Up until this point, everything has been carefully mapped out for us: go to school, get a job, make money, feel satisfied with your grown-up life, etc. But what happens when you realize that perhaps this isn't exactly where you want to be? Is it too late to hit the reset button on your career?

The short answer is: absolutely not.

For our parents and grandparents, a long-term career with the same company was the holy grail of the working world. But in today's increasingly grim economy, a non-traditional workforce is evolving. We're now expected to embrace instability and jump from job to job with ease. And all of the perks that come with full-time employment — job security, health benefits, retirement plans — just seem like outdated luxuries.

Bye-bye 9-to-5

I'm writing this column on a Sunday afternoon in a crowded coffee shop with more laptops than lattes, and everyone is working on some sort of part-time project. We're all pursuing multiple ambitions and getting by as something/someone else ...

Almost everyone I know is doing something other than working full-time at a stable job. I currently operate three separate work-related email addresses and, on a good week, have up to five different bosses. We're all enrolled in continuing education, freelancing on the side, working on contract and generally not expecting to be in the same job five years down the road.

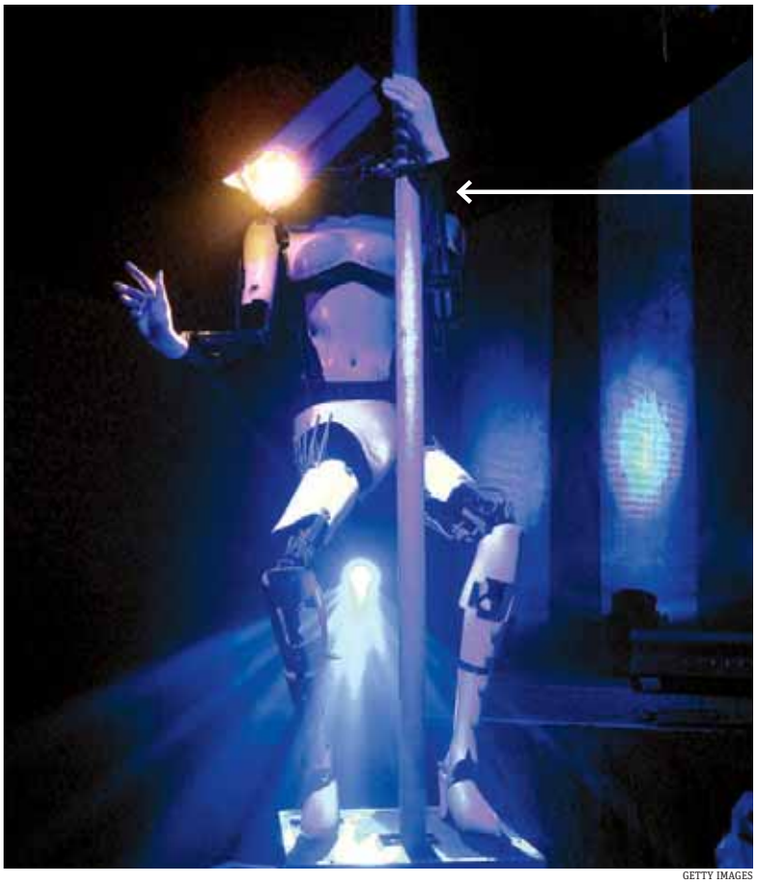
I'm writing this column on a Sunday afternoon in a crowded coffee shop with more laptops than lattes, and everyone is working on some sort of part-time project. We're all pursuing multiple ambitions and getting by as something/someone else: graphic designer/server, retail manager/blogger, teacher/photographer and so on.

I have one friend who works in banking and is getting her MBA part-time. She recently announced, without even a hint of irony, that she has started babysitting on the side in order to make some extra money. Apparently in a competitive job market you can't be above stealing employment opportunities from 13-year-olds.

So maybe it isn't so crazy to quit your job without a backup plan. As dreams of lifetime employment are replaced with an "until something better comes along" mentality, flexible has become the new full-time.

A bike rider does some serious multitasking as he makes the most of his morning outside the U of T campus. AARON VINCENT ELKAIM/TORSTAR NEWS SERVICE

This robot doesn't make calls



GETTY IMAGES

Push your buttons

Robogirls grind at high-tech expo

GERMANY. At least for some, all things technological get all the attention.

A "pole-dancing" robot is pictured during preparations at the CeBIT, the world's largest computer expo. The biggest tech expo takes place at the largest exhibition ground in the world, the Hanover fairground.

METRO WORLD NEWS

Debut

These works of art are not for sale

U.K. For those interested, these alluring robots of the female persuasion are not up for sale at the expo. They are works of art by 44-year-old British sculptor Giles Walker, which were first featured at a 2006 exhibit — Peepshow — by U.K.-based alternative art and cultural movement Mutate Britain.

METRO WORLD NEWS

They are made from...

"My robots are low-tech, built from scrapyard parts. The motors in them are mainly windscreen-wiper motors."

Giles Walker
sculptor

Walker says...

Voyeurism in our society

"It links the ideas of surveillance and voyeurism. We all live in a peep show with these mechanical peeping Toms on every street."

Staring at real buttocks...

"I looked at the real thing and adjusted the motor to get the movement right."

A technician adjusts a robot. GETTY IMAGES

Metropolitan Panel

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Do you think $12.4 million is a reasonable amount for the government to spend on advertising the budget?

Survey says...

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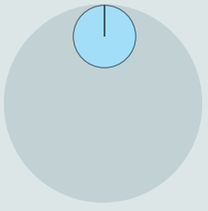

91%
NO. IT'S A WASTE OF MY MONEY

Twitter

@iMichaelBentley: One-night only #Vancouver Pop-Up #Restaurant by Bob Blumer hits the Waldorf Hotel Wed., March 28 bit.ly/wY8B8e

@millerblair: Headed to strike for the 1st time in my life because I oppose #bill22 and the effects it will have on our #bced system, teachers & students

@Girly83: lots of honks outside for the sticketers @ school next to my building. haven't gone outside to see what the scene is yet. #bctf #bced

@georgeabbottbc: @jansmith @bcalmanac today ratio of teachers to students is 1 teacher for every 16.7 students - same as in 2001 #bced

@PAitken: Walking the line with @robheinrichs this afternoon-lots of positive honks+public support-they realize that #bill22 is wrong #bced #bcpoli

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DVD reviews

The Skin I Live In

Director. Pedro Almodovar

Stars. Antonio Banderas, Elena Anaya, Jan Cornet

In The Skin I Live In, Madrid master Pedro Almodovar turns more Ed Wood than Hollywood. There's weird science and kinkier sex.

Antonio Banderas is chilly plastic surgeon Dr. Robert Ledgard who has a laboratory inside his gated mansion where he seeks to invent artificial human skin by radical methods. His home also houses a beautiful, suicidal patient named Vera (Cairo Time's Elena Anaya). This more freaky than frightful, a "B" picture by an "A" director.

Footloose

Director. Craig Brewer

Stars. Kenny Wormald, Julianne Hough, Dennis Quaid

The 2011 remake of 1984's Footloose is virtually a beat-for-beat copy of its Reagan-era forebear. Director Craig Brewer sticks to the vanilla basics. The rebooted Footloose isn't as bad as feared, but neither is it the least bit necessary. **PETER HOWELL**

The story of John Carter first appeared in serialized form in a magazine in 1912. / HANDOUT

John Carter's West 'trumps' his fans

Sci-Fi. John Carter star Dominic West talks about his Star Wars and the line that sparked a following

NED EHRBAR
scene@metronews.ca

British actor Dominic West has become quite the familiar face thanks to his critically acclaimed run as Detective Jimmy McNulty on HBO's The Wire. And while the deserts of Mars are a long way from the streets of Baltimore, Md., John Carter is hardly his first foray into the science-fiction genre.

"I was in Star Wars, I don't know if you knew that," he says with a coy grin. "I've got a ridiculous hat on. I played two parts in the Phantom Menace. The first one — I think I had two lines, which were cut — was a Naboo officer, and then the next one was Palace Guard, who remained. I say, 'The boy is here to see you, your highness.'"

And while the 3D re-release of the Phantom Menace last month has many learning in retrospect about his involvement in the blockbuster franchise, West reveals that he's gotten more fan attention for that one line than for five seasons of The Wire, believe it or not. And they don't just send fan mail: West often receives copies of his Star Wars Top Trumps card — a children's card game — to be autographed. But fans looking for such a favour should proceed with caution. "Whenever they send me my Top Trump card, I never send it back. I keep that and send them a photograph," he says. "They should know better than to contact a palace guard and say things like, 'We loved your work in Star Wars and thought you were amazing, what you were doing.' You go, 'Shut up, give me that Top Trumps card.'"

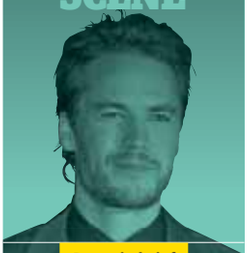
Dominic West/ HANDOUT

John Carter

What's in a name?

Titles can be a tricky thing, especially when you're producing and releasing a $200 million-plus potential franchise starter. Somewhere in its journey to the screen, John Carter of Mars became John Carter — and it's not necessarily something the film's producers are thrilled about. "I think John Carter is a very, frankly, vanilla name," admits producer Lindsay Collins. "Apparently there was some study done of movies that had Mars in the title — every single one of them have tanked."

2 SCENE



Scene in brief

Airport Kitsch

Philippine official says Friday Night Lights star Taylor Kitsch was not hassled at Manila's airport recently, as the Canadian actor indicated. Kitsch said Wednesday on the Late Show with David Letterman that customs officers stopped him at the airport and ordered him back to Japan because his passport didn't have enough pages to stamp. Kitsch said he was let in only after proving with his iPhone that he was an actor. Philippine Customs chief Ruffy Biazon wrote in his blog Friday that no airport records show Kitsch visited Manila, and that his officers do not stamp passports.

On the Web

War Horse Song Person Melanie Doane says show's folk tunes feel natural to her.

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GAP

Birthday boy Bieber only had eyes for Gomez at star-studded bash

Justin Bieber celebrated his 18th birthday with a star-studded surprise bash thrown by his manager and his mom at the Beverly Wilshire hotel in L.A., according to Us Weekly.

"Everyone danced all night," a source says of the soirée.

Despite notable guests like Mike Tyson and Kim Kardashian, the birthday boy only had eyes for girlfriend Selena Gomez, who flew in from Florida, where she's filming a movie.

"He was all over Selena the whole time, walking her around by the hand," a source says. "He kept kissing her."

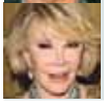
As for presents, his manager, Scooter Braun, bought Bieber a $102,000 one-of-a-kind Fisker Karma hybrid sports car.

Twitter

@woodelijah
Samoas! those are my jam

@KChenoweth
I'm in bed resting. Healing. And watching Tom Cruise in The Last Samarai. For the fifth time.

@John_Lithgow
Did a 3D double feature, HUGO and PINA. My head's spinning.



@Joan_Rivers
Lindsay Lohan was so bad on SNL that the judge is sending her back to rehab, but for acting lessons.

HACKERS POST NAKED CELEB PICS ... AGAIN

Metro has your celebrity gossip covered

METRO STAFF

Hacking scandal ... again

More naked celeb photos: Real or fake?

THE WORD
Dorothy Robinson
scene@metronews.ca

Another day, another phone hacking scandal involving half-dressed celebrities.

This time, Christina Hendricks and Olivia Munn are victims after an anonymous user on Motherless.com asked the site's forum readers which celebrity they would like to see naked.

When they answered Munn and Hendricks, the user, apparently through hacking magic, got onto Munn's and Hendricks' phones, grabbed some scandalous photos and posted them. And now they are all over the Internet.

Munn's leaked pictures have extremely dirty writing superimposed over hardcore photos of the actress. Hendricks' pics are mostly of the Mad Men star in half-dress, while one is a full-on shot of her world-famous rack.

A rep for Hendricks confirms the theft, telling Gossip Cop, "Christina's phone was in fact hacked and photos were stolen," noting, "the topless image is fake and not an image of Christina."

Munn is denying everything — she tweeted that the photos aren't hers. (As she should; if real, her pictures are some Hustler-level stuff.)

I know. Your first thought is: why would celebrities take naked photos of themselves when they know they are most likely to be hacked?

But, honestly, if you were that hot with enough of an ego to be an actor, you'd probably take naked photos of yourself, too.

ROMINA MCGUINNESS WROTE TODAY'S EDITION OF THE WORD.

Oh, baby!

- **Snooki is pregnant — and apparently engaged.** The Jersey Shore star has yet to confirm either report, but insiders tell E! News and People magazine that her boyfriend, Jionni LaValle, popped the question. And there you have it: Snooki is finally being made an honest woman.

Demi gets a visit from ex-hubby, but don't expect a reconciliation

1

There's at least one person who knows the location of Demi Moore's secret post-rehab vacation: her estranged husband, Ashton Kutcher.

The Two and a Half Men star paid a visit to the recovering actress recently, according to People magazine — not that he was exactly enthused about it.

"They are not getting back together. He knew it was important to her daughters," a source says of the visit.

As for where it took place, sources tell E! News that they spotted Moore on a private beach near Parrot Cay in Turks and Caicos, at an ultra-exclusive resort only accessible by boat.

Katy says breakup song not about soon-to-be ex Russell Brand

2

So that breakup song, Part of Me, that Katy Perry debuted at the Grammys?

It's not about soon-to-be ex-husband Russell Brand after all.

"I wrote it two years ago, which is funny because everybody is like 'God, it sounds so current,'" Perry tells MTV News.

"Some people that I work with were like, 'You should just say you wrote it a couple of weeks ago.' I'm like, 'I'm not a d–, I'm going to tell the truth.' I wrote it two years ago when I was writing and recording Teenage Dream, [but] it didn't feel right on the record."

Katy Perry /GETTY IMAGES

As we shy away from calling people fat, are we really being kinder calling them curvy? GETTY IMAGES

Is 'curvy' the new fat?

Weight tends to be a sensitive issue at the best of times. But now more than ever it is important to be happy with how you look

ROMINA MCGUINNESS
wellness@metronews.ca

Calling someone fat isn't very nice — Karl Lagerfeld learned that the hard way, after he called Adele overweight in Metro, drawing the ire of fans everywhere. But using the word "curvy" — is that wrong? It's usually meant as a compliment for a person with the right amount of flesh, in the right places. We're thinking Marilyn Monroe's hips, Christina Hendricks' bosom and Kim Kardashian's rounded bum.

But what happens if someone has a little too much flesh where they shouldn't? Do they go from being wonderfully curvy to dangerously fat?

The line between the two words has been blurred. Britney Spears for example, has been simultaneously described by tabloids as "out of shape" and "stunning".

Adele is a prime example. Everyone goes on about her weight — she even jokes about it herself (if she could be the face of anything, it would be full fat Coke, she said last September).

So why did Vogue UK smooth out her curves on her February cover?

On the same note, people can't seem to make up their minds as to whether or not 2012 Sports Illustrated Swimsuit cover girl Kate Upton is fat or curvy because her breasts fill her bikini top.

Plus sized model Tara Lynn has posed nude for Vogue Italia, and last summer, and she was the face of H&M's 'Big is Beautiful' swimwear collection. She knows what it's like to be a not-so-skinny-girl working in an environment strongly influenced by the size zero.

"Anyone can take one word and use it in an endless context," she says.

"Someone could say 'voluptuous' to mask saying another word such as 'obese'. Thankfully, being plus sized is no longer a taboo, even though the media constantly exposes us to a repetition of skinny images day in, day out, making us feel like we need to fit in."

The need to conform is what drives us to follow trends, and fear exclusion.

"The problem is we can't go all go by one unrealistic body image," adds Lynn.

She believes we need is a diverse perception of beauty covering a broad spectrum of shapes and sizes — no matter what we label them.

"I'm pleading with you to be happy with your body,"

Expert opinion

Gwendolyn DeVoe, creator and executive producer of Full Figured Fashion Week

- **Calling someone fat is offensive, but do you think people are now using 'curvy' to mean the same thing?** I don't think so at all. 'Curvy' and 'fat' are two different terms. Curvy, to me, is a positive term. A woman who is considered curvy can be a size 10 or a size 20. Curves are curves, no matter what the size. When someone describes a woman as being curvy, in my opinion, they are using it in a positive fashion whereas many people tend to use the word fat in a negative fashion. It's actually refreshing to see people now being more accepting of curvy bodies.

3 LIFE

Health fact

Citrus

According to research reported in the Journal of American Heart Association, citrus contains a class of compounds called flavonoids that are believed to provide protection as they improve blood vessel function and have an anti inflammatory effect.

On the Web

Experimental drug holds promise for use as post-stroke therapy: study

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Café lovers better add Matchstick to their list of top spots

Roast Beef Sandwich with Onion Chips and Ginger Cream Scone with Coconut Cream ERIN IRELAND

LUNCH RUSH
Erin Ireland
life@metronews.ca

The drive to Fraser and Kingsway has never been so worth it. With a beautiful interior, fantastic coffee and delicious baking, Matchstick has a winning formula.

Truly great cafés are the pillars of communities. They're where old friends meet, where new relationships begin, where we work (or people watch) for hours on end with a display of baked goods and bottomless espresso an arm's length away.

This is Matchstick to its Mount Pleasant neighbourhood. You'd barely believe it opened this past January. At 11 a.m., I was lucky to get a seat in the bright, beautiful, buzzing café.

During an afternoon of work, I discovered three things: Phil & Sebastian coffee is fantastic, Matchstick's interior design is award-worthy and lunch was served!

Pastry chef Helen — who makes an incredible Ginger Cream Scone — was assembling sandwiches with materials from Baguette & Co. and Save On Meats.

The Roast Beef Sandwich ($8), made with a strong blue cheese and horseradish aioli, was fresh, simple and delicious — perfect sustenance for a long café work shift.

A return visit is in order: Matchstick will soon begin roasting its very own beans.

Visiting the restaurant

Matchstick Coffee Roasters

Address. 639 East 15th Ave.

Phone. 604-558-0639

Rating. 4.5/5

Price range. $5 - $8

Lunch with co-workers. Yes

Social lunch. Yes

Curry Tuna. In a hurry after work? Get dinner ready in a few minutes

This meal can be ready in no time for tired and hungry workers who want a spicy curry in a hurry. The recipe can easily be doubled to make four servings. Serve over rice or accompany with naan bread if desired.

1 In a large saucepan over medium heat, melt butter. Add the garlic. Stir in the tuna, sour cream and curry powder. Heat until warm and serve. Garnish with cilantro sprigs, if desired.

Ingredients

- 15 ml (1 tbsp) butter
- 1 clove garlic, minced
- 2 cans (each 85 g) flaked light tuna (spicy Thai chili flavour)
- 250 ml (1 cup) low-fat sour cream
- 5 ml (1 tsp) curry powder
- Cilantro sprigs, for garnish (optional)

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Best Health

Best health portion checker

BEST HEALTH MINUTE
Bonnie Munday
Editor-in-chief
Best Health Magazine

Do you know how cow's milk compares with soy, almond and rice beverages in terms of calories and fat?

In each issue of Best Health magazine, we look at portion sizes and compare their ingredients and nutrients.

Here, from the March/April issue, we look at how one cup (250 mL) of milk and other beverages compare:

Skim milk has 90 calories, 0.5 grams fat, 8 grams protein

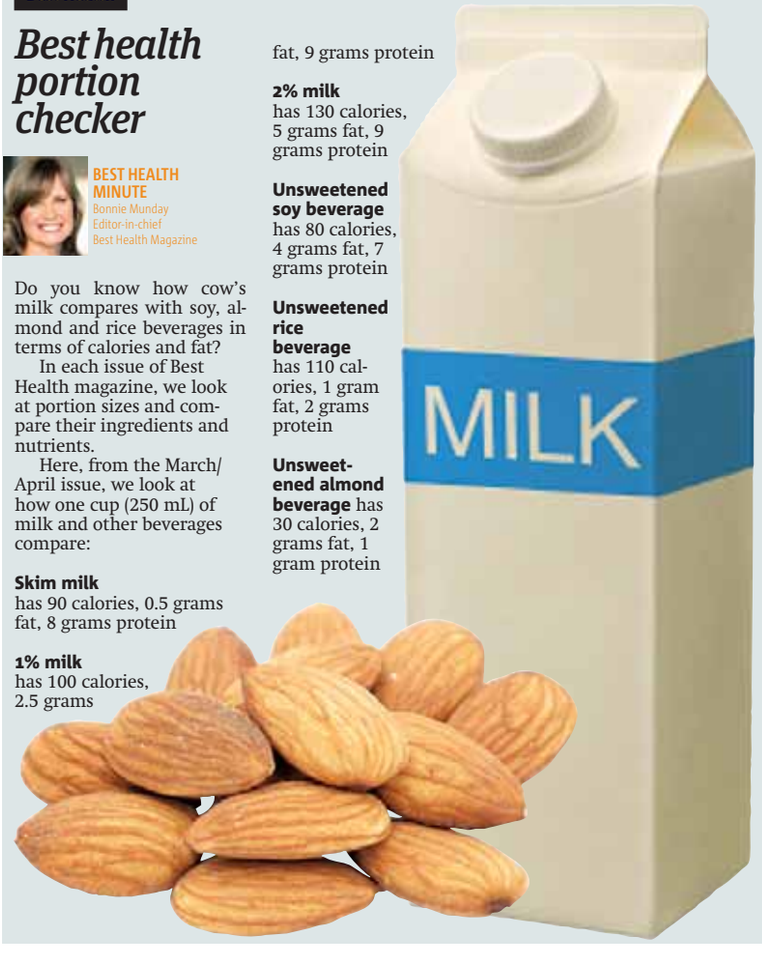
1% milk has 100 calories, 2.5 grams fat, 9 grams protein

2% milk has 130 calories, 5 grams fat, 9 grams protein

Unsweetened soy beverage has 80 calories, 4 grams fat, 7 grams protein

Unsweetened rice beverage has 110 calories, 1 gram fat, 2 grams protein

Unsweetened almond beverage has 30 calories, 2 grams fat, 1 gram protein



Redefining 'the dream'

Why are happy people 'rich'?

FUN AND FRUGAL
Leslie Scorgie
money@metronews.ca

I read a Fastcompany.com article last week about how the happiest people are spending their money. It's clear that happy people live lives that are rich; 'rich' meaning balanced and largely stress-free.

Happy people often have a different idea of 'the dream.' Rather than working to afford a big house and two cars, they're creating their own 'dream' based on what makes them fulfilled. For example, instead of living in the suburbs, many buy smaller, more centrally located homes where they don't need a car.

They save time commuting, exercise more, have fewer expenses and a lower environmental footprint. Redefining 'the dream' also means less stress. Happy people spend money on affordable experiences, not accumulating 'stuff' that contributes to debt. For example, many would prefer to travel versus hosting a lavish wedding; while others spend money on house cleaning so that they have more time to spend with their kids.

Prioritizing expenses to afford personally fulfilling experiences also means living within their means. That in turn translates into less debt and reduced stress.

Happy people also find creative ways to make more money. Some become full-time entrepreneurs. Others keep working their nine-to-five job, and turn their hobbies, like photography, music or teaching, into extra income by selling their services or inventing new products.

This crowd is frugal and resourceful, which enables them to save for their vision of retirement. Interestingly, many have selected careers that will carry them well past the traditional retirement age of 65.

Like happy people, choosing to not to keep up with the Joneses can buy you more time to focus on the things that matter to you. And it will help you build financial freedom by avoiding debt and having more money for savings.

Stop the yearly panic

RRSP contributions. Don't miss the boat again this year. It's time to set up monthly automatic deposits.

YOUR MONEY
Alison Griffiths
money@metronews.ca

You did it again. You went down to the RRSP wire, raided the kids' piggy banks, maybe leaned on your line of credit or put the touch on a grandparent then rushed off to make your last minute contribution.

With just under a year until the next RRSP deadline, you resolutely swear you're not going to do the last minute thing again. But I find that RRSP contribution vows, like New Year's resolutions, tend to get tossed aside in the stampede of life.

Take heart, I have a solution. Before the week is over set up an automatic transfer from your bank account to your RRSP. Just do it! Money that is out of sight is out of mind and, better yet, sheltered from spending urges.

While it would be nice to max out your RRSP contributions through monthly deposits, that's unrealistic for many, especially those with families, mortgages and car loans.

Instead, pick a number you can live with that won't stress you financially. Even $50 or $100 will start you off and chances are the money won't be missed if it is out of your account before you even have time to think about spending it. To be safe, set up the transfer a couple of days after your paycheque is deposited.

Here's a trick to go along with an automatic contribution plan. Give yourself an RRSP raise on a regular basis. Every six months or so bump up the transfer into your RRSP by a bit.

Alison's money rule:

"Don't wait until your financial ship comes in. Save for retirement monthly to achieve the most secure nest egg."

A little saving now can make for smoother sailing later. / ISTOCK

You won't feel the pinch but the habit, once ingrained, will eventually turn into a nice tax deduction year in and year out.

Another rationale to this plan is the benefit of regular investing, called dollar cost averaging. If you contribute to your RRSP monthly, and invest in a group of quality products at the same time, you will have a much better return over time than those who make haphazard lump sum contributions and investments.

Dollar cost averaging evens out the ups and downs of the stock market and interest rates and also saves you from trying to guess when is the best time to invest. Research shows pretty much everyone gets it wrong over time.

ALISON GRIFFITHS IS THE AUTHOR OF COUNT ON YOURSELF: TAKE CHARGE OF YOUR MONEY. REACH HER AT ALISONGRIFFITHS.CA OR AT GRIFFITHS.ALISON@GMAIL.COM

Who's planning ahead?

43%

The percentage of 18- to 34-year-olds that do not have an RRSP account.

Women in red prove more attractive to men, says study

Desire. Never underestimate the power of a woman in red. A new study looks at what attracts men to women and proves that red really is the colour of love.

CASSANDRA GARRISON
life@metronews.ca

Ladies, if you're trying to impress the men, wear red. ISTOCK

Men who participated in the study looked at photographs of women framed by borders of different colours, including red.

They were asked to judge how pretty they perceived the women to be.

Later, they viewed images of women wearing red shirts and were asked how much money they'd be willing to spend on each woman if they were on a date with her.

Turns out, the women wearing red or framed in red came out on top. These women were:

- rated significantly more attractive
- rated more sexually desirable
- more likely to be asked to the prom
- more likely to be treated to an expensive date

However, the colour red did not affect other factors the men were asked to comment on about the women, like likeability, intelligence or kindness.

This study could very well be the only scientific document on the effects of colour on behaviour in relationships.

"Much is known about colour physics and colour physiology, but very little about colour psychology," said psychology professor Andrew Elliot, a researcher on the study. "It's fascinating to find that something as ubiquitous as colour can be having an effect on our behaviour without our awareness."

Though society has deemed red the colour of passion, the attraction to it might be more scientific. Primates offer a clear example. The females of some species will redden when nearing ovulation — sending the message that it's mating time.

"Our research demonstrates a parallel in the way that human and non-human male primates respond to red," said the study's authors.

"As much as men might like to think that they respond to women in a thoughtful, sophisticated manner, it appears that at least to some degree, their preferences and predilections are, in a word, primitive."

Yep, just confirming what we already knew.

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Loans can be used for all sorts of reasons throughout the year, including home renovations, children's education savings or buying a home or car. / ISTOCKPHOTO|THINKSTOCK

Borrowing basics

Advice. Make sure you choose the right loan — and the right lender

JANE DOUCET
For Metro

Spring is just around the corner, and with it comes visions of putting an addition on the house, landscaping the garden, taking a warm vacation to shake off winter's chill or shelling out big bucks for your (or your child's) wedding. While they are all exciting plans, many Canadians will be asking themselves, how will I ever pay for them?

For some, the answer will be to apply for a loan. "Loans can be used for all sorts of reasons throughout the year, including home renovations, children's education savings or buying a cottage or car," says Christine Zalzal, vice-president of marketing at B2B Trust, a third-party supplier of investment and RRSP loans in Canada.

There are numerous things to think about when planning to get a loan. / ISTOCKPHOTO|THINKSTOCK

When looking for a lender, it's important to make sure the person you deal with at the lending institution is reputable and trustworthy, and that he or she really listens to your needs.

"Both the lender and the borrower have to properly assess the borrower's current and future financial goals before choosing the right type of loan or product," says Zalzal.

It's also important to consider whether you will be able to meet the loan payments if there is a change in your personal situation, such as you or your partner lose your job or you get divorced.

"You have to ask yourself whether you can afford to make a monthly payment on the principal, not just the interest, regardless of your circumstances," says Richard Goyder, vice-president of personal lending at RBC.

When it comes to searching for a lender, Goyder says the best advice is to get professional advice from your banker or financial adviser. "Borrowing money is a big and very personal decision," he says. "You have to ask yourself, how much should I borrow? What's my income? What's the best kind of borrowing for me?"

Before you can determine how much money you should borrow, it's vital to understand how much money you already spend each month and where you spend it. Then you can decide where to trim so you can set aside adequate funds to meet your loan payments.

Regardless of whether you borrow money from a bank or another lending institution, you must make sure you can afford to pay back the loan as per the lending agreement.

"Consumers should sleep easy at night knowing they're comfortable with their borrowing plan," says Zalzal. "If they have anxiety over it, they should revisit it."

Mistakes

Avoid these common blunders

Don't want to end up drowning in loan debt? Richard Goyder, vice-president of personal lending at RBC, reveals some common borrowing mistakes and how to avoid them.

Choosing the wrong type of product. If you use a credit card to borrow a large amount of money, you will get dinged with a high interest rate.

"A better idea is to borrow on a line of credit, which has a lower rate of interest," says Goyder.

Not seeking advice. The different types of borrowing options, including secured and unsecured lines of credit and instalment loans — can be confusing if you are unfamiliar with them. "A financial adviser can explain them and help determine which is best for your situation," says Goyder.

Refusing to create a spending plan. It's a fact — budgets are boring. But they are also necessary to ensure you can meet your monthly loan payments. If you don't have a monthly budget, you may borrow too much and not be able to make the payments. Being unaware of your credit score.

A credit score lets lenders know if you are a safe or poor risk to borrow money. If you don't know your score, you can determine it by doing a credit score report online or having your banker do one for you.

Neglecting to approach your own bank. Although it might be tempting to respond to another lender's flashy advertisement, no one knows your financial situation better than your bank.

Because your banker already has your business, it might mean you will get a better deal than elsewhere.

JANE DOUCET

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Let a specialist navigate your car loan

Investment.
Most people need to borrow money when purchasing a vehicle

Next to a house, a car or post-secondary education is probably one of the biggest investments you will make.

When purchasing a car, either from a dealership or through a private sale, most people need to secure a loan. The first step is to speak to a specialist who will guide you through the application process and advise you of the available options, says Shahz Beig, associate vice-president, personal lending, TD Canada Trust.

In contrast to a house, you don't need a down payment for a car; you can borrow the entire amount, as long as you qualify. You will need a bill of sale, and proof of registration, ownership and insurance, says Beig.

The interest rate on a car loan depends on the size of the loan and the number of years you take to pay it off. Interest rates for such loans are lower than for unsecured loans, and can be as low as prime plus 1.75 per cent, says Beig.

As a new car buyer, you can choose a fixed or variable rate with a wide range of payment terms. Bear in mind that the longer the term, the lower your monthly payments. For a new car, you can take up to seven years to repay the loan, but you can pay it off at any time.

"For example, if you can take a loan out for $10,000, you can pay it off in full in six months if you please, and there are no penalties or fees associated with that," says Beig

Since the car is considered collateral against the loan, and a vehicle depreciates over time, you have only up to five years to repay a loan to purchase a used car, and the interest rate would be slightly higher.

Another significant expense is a university or college education. The TD offers undergraduates a line of credit of up to $40,000 over four years at an interest rate of prime plus 1.5 per cent (totalling 4.5 per cent), says Beig. He believes this rate is better than for provincial student assistance programs. The bank also offers lines of credit for post-grads, even up to $200,000, at prime, to qualifying medical and dental students.

PAULINE ANDERSON

If you are looking to build a home, work with a specialist to arrange a loan.
ISTOCKPHOTO/THINKSTOCK

Time to build a dream home

As mortgage rates continue to be relatively low and promise to remain unchanged for at least the short term, this is a good time to consider getting a loan to purchase your dream home.

Start by working with a specialist to get pre-approved, says Farhaneh Haque, director, mortgage advice, TD Canada Trust. This process helps determine the type of loan for which you quality.

"It gives you the confidence to look at properties that are within your budget," says Haque. "There's nothing worse than falling in love with a home only to find out that you can't afford it."

Part of the pre-approval process involves evaluating your credit rating. "Sometimes we uncover something that you may not even know about, so if there are any skeletons in the closet, we can point you in right direction to rectify that," says Haque.

Selecting the right mortgage — fixed or variable, short or longer term, "open" or "closed" — is as important as finding the right house. Most buyers live in their first house for only about three years so Haque suggests asking about a mortgage's flexibility.

"Can I take this mortgage with me? Can I increase it? Can I pay more towards the principle? If I need to take a short break from payments, can I do that?"

The minimum down payment is five per cent. Of course, it's better to put down a larger amount so payments aren't so overwhelming and you a have a better equity position, says Haque.

Homebuyers can tap into their registered retirement savings plans to purchase a home. You and your partner can each withdraw up to $25,000, although some conditions apply and it has to be repaid, generally within 15 years.

Remember that the price of the house is not the only expense; there are also closing fees, moving costs, lawyer payments and other incidentals to consider.

"These need to be built into your budget," says Haque. And in addition to mortgage payments, there are other regular household expenses, including heating, property taxes, maintenance and renovations. A rule of thumb is that monthly housing costs shouldn't be more than 32 per cent of your gross monthly income.

For further information, visit tdcanadatrust.com/homeownership.

PAULINE ANDERSON

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4
SPORTS

Canucks preview

Dallas at Vancouver
10 p.m., Sportsnet

The Canucks (41-17-8) host Dallas (35-26-5), which has won seven of its last 10 games and is tied with Phoenix for the Pacific Division lead. Loui Eriksson has nine points in his last six games. Kari Lehtonen hasn't lost in regulation since allowing three goals on 21 shots against Nashville on Feb. 19. Mike Ribeiro has 12 points in his last 10 games. Michael Ryder is two goals away from matching his career high of 30 in a season. He has five goals as part of a six-game point streak.
THE CANADIAN PRESS

The Canucks take to the ice last Thursday at Rogers Arena. DEREK LEUNG/GETTY IMAGES

No panic over Canucks' faltering power play

NHL. Once league leader, team has gone 5-48 in last 19 games

Henrik Sedin and the Vancouver Canucks aren't pressing the panic button regarding the club's moribund power play.

Vancouver has led the NHL in that department for most of this season but has suddenly slipped to third. That lack of production is affecting other aspects of its offensive game.

"A lot of games you feel a little sluggish but maybe you get a power-play goal and all of a sudden you're confident," said Henrik Sedin, who has a league-high 53 assists this season.

A power play that once clicked near 25 per cent has dropped behind Edmonton (21.7) and Nashville (21.4) as Vancouver tries to again end the regular season with the league's best record.

The Canucks are still converting at 21 per cent efficiency but are just 5-for-48 in their last 19 games — barely above 10 per cent.

Despite this lack of production, Vancouver has a 13-2-5 record in its last 20 games and is only a point behind the New York Rangers for the NHL's overall lead.

The Rangers have two games in hand.

Henrik Sedin and his brother, Daniel, feel they aren't getting the chances they did early in the season as teams become more reluctant to take bad penalties in the second half of the season.

"In October, November you get four, five, six power plays a game and you're in kind of a flow," Daniel Sedin said. "Now it's one or two a game and it's a totally different feeling.

"It's more a matter of getting the flow out there so we're working a lot in practice at these kind of things."

That's what the Canucks did Monday as they prepared to face the Dallas Stars on Tuesday after going 0-for-4 with the man advantage in a 5-3 home loss Saturday to the Buffalo Sabres.

"For the most part it feels good out there," Henrik Sedin said of the power play, which also includes Ryan Kesler up front with Alex Edler and Sami Salo on defence. "We're moving the puck well but we're not getting the bounces.

"The amount of power plays have dropped dramatically after the new year so it's tough to get into rhythm (unless) you get four or five power plays. Right now it feels if you get one, you're not going to get another chance."

The lack of power-play goals has also affected the Sedins' scoring as they have dropped out of the top five in the NHL to eighth (Henrik) and ninth.

Daniel Sedin, who leads the club with 28 goals and nine on the power play, hasn't scored in five games. Henrik has no points in a season-high five-game drought.

Kesler, who provides the screens and tip-ins for the twins, has only one goal in 11 games.
THE CANADIAN PRESS

MLB

Dykstra off to prison on auto-theft charges

Disgraced ex-New York Mets outfielder Lenny Dykstra on Monday was sentenced to three years in a California state prison after pleading no contest to grand theft auto and providing a false financial statement.

Los Angeles County Superior Court Judge Cynthia Ulfig sentenced Dykstra after refusing to allow him to withdraw his plea and said the scam to lease high-end automobiles from dealerships by providing fraudulent information and claiming credit through a phoney business showed sophistication and extensive planning.
THE ASSOCIATED PRESS

Lenny Dykstra
AMY SUSSMAN/GETTY IMAGES FILE

NFL

Patriots make move to retain receiver Welker

The New England Patriots have placed the franchise tag on Wes Welker, the receiver who caught more passes than anyone else in the NFL last season.

The move means Welker would be paid about $9.5 million US for next season unless the sides work out a long-term deal.
THE ASSOCIATED PRESS

Hockey. Yzerman will once again lead Canada's quest for hockey gold

Steve Yzerman is looking to repeat.

The architect behind Canada's 2010 gold-medal-winning men's team at the Vancouver Olympics will once again lead the squad in 2014.

"Given the opportunity to go to Russia and compete in the Olympics again, that's too good an opportunity to pass up," Yzerman said Monday after Hockey Canada named the general manager of the Tampa Bay Lightning its executive director for the men's team at the Sochi Games.

"It's just too great a challenge and these are things I really enjoy doing. Going into Russia trying to win a gold medal will be an incredibly awesome challenge and exciting for all of us."

Yzerman's management group for the Games will include Detroit Red Wings general manager Ken Holland, Edmonton Oilers president Kevin Lowe, St. Louis Blues GM Doug Armstrong, and Bob Nicholson and Brad Pascall of Hockey Canada. THE CANADIAN PRESS

Baseball

Pirates close to deal with McCutchen

The Pittsburgh Pirates have spent most of the last two decades grooming talented young players only to trade them away before they became too expensive to re-sign.

They weren't going to make the same mistake with all-star centrefielder Andrew McCutchen. The Pirates and McCutchen are closing in on a new contract that will keep the promising 25-year-old with the team through the 2017 season, with a club option for 2018. THE ASSOCIATED PRESS

Lions. Johnson announces retirement

Wally Buono is not usually one to make bold predictions, but he offered one Monday about Brent Johnson's decision to retire after 11 CFL seasons.

"I bet you my life, he won't have a regret," said Buono.

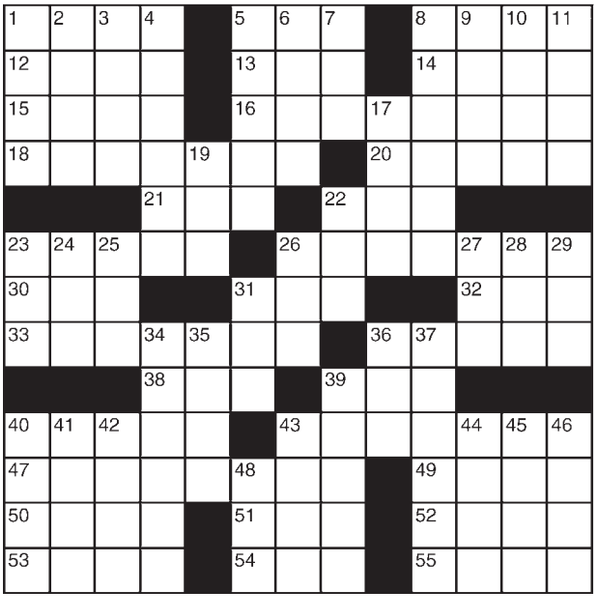
The veteran defensive end called it a career just over three months after the Lions completed a miraculous worst-to-first run following a 0-5 start and defeated the Winnipeg Blue Bombers 34-23 in the Grey Cup game at B.C. Place.

Johnson has already embarked on a career as a financial advisor with CIBC Wood Gundy. He may also do some broadcast work after appearing regularly on a sports TV network's weekly football segment.

"Football has given me so much," said Johnson in an interview. "I hope I've never taken it for granted, but it's nice to walk away from the game on your own terms. It's also nice to leave while you're still healthy."

Johnson leaves as the Lions' all-time leader in sacks with 89. He was twice named the CFL's outstanding Canadian and also captured the league's top defensive player award. THE CANADIAN PRESS

Crossword



Across

1 Perches
5 Recipe meas.
8 Diploma owner, for short
12 Versifier
13 — carte
14 Unusual
15 Basin accessory
16 Seek office, perhaps
18 Arthur's kingdom
20 Pester
21 Family member
22 Aged
23 Steed
26 "Avatar" writer/director
30 "— Got a Secret"
31 Distant
32 Lawyers' org.
33 Mothball material, once
36 Street urchin
38 "— the fields we go"
39 Wager
40 Animal track
43 Fine white linen
47 "Wichita Lineman" singer
49 Relaxation
50 Sheltered
51 Fish eggs
52 Aspen equipment
53 Flex
54 Toss in
55 Exam

Down

1 Detail, for short
2 Primary state
3 Abound
4 Emphasize
5 Mexican entrees
6 Venetian blind part
7 Cooking spray brand
8 Starbucks order
9 Picnic hamperer
10 Jason's ship
11 Say it isn't so
17 Tropical tree
19 Whopper
22 Rowing need
23 Toper's interruption
24 Eggs
25 Sleep phenom
26 Ford or Lincoln
27 Aries
28 Japanese sash
29 Tandoori bread
31 Supporting
34 Exhausted
35 KFC ingredient
36 Jewel
37 Optimally
39 Bundled, as hay
40 Wound cover
41 Wan
42 Portent
43 Lummox
44 Croupier's tool
45 Wife of Osiris
46 "— la vie"
48 Historic period

For today's crossword answers and for expanded horoscopes, go to metronews.ca

Monday's answer

S	E	E	S	■	S	A	P	■	P	A	P	A
T	A	R	A	■	T	I	A	■	A	N	A	G
A	S	I	F	■	E	X	C	A	V	A	T	E
B	E	C	A	L	M	■	T	I	L	T	E	D
■	■	■	R	O	W	S	■	D	O	H	■	■
E	S	T	I	M	A	T	E	■	V	E	N	T
B	A	H	■	B	R	A	V	O	■	M	O	O
B	O	R	G	■	E	N	E	R	V	A	T	E
■	■	I	R	E	■	K	N	E	E	■	■	■
F	A	V	O	R	S	■	N	O	R	M	A	L
E	M	I	G	R	A	T	E	■	B	A	M	A
T	I	N	G	■	G	A	S	■	A	N	E	W
E	D	G	Y	■	A	B	S	■	L	E	N	S

Sudoku

							4	3
		9			6			
3		1	2		5			
2	9			4		5		6
			8		2			
5		4		9			7	1
			3		8	4		2
			9			7		
4	6							

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Yesterday's answer

2	6	4	5	7	8	9	3
8	5	3	4	1	9	7	6
9	7	1	3	6	2	5	8
1	9	8	7	2	4	3	5
6	3	2	9	5	1	8	4
7	4	5	8	3	6	2	1
5	1	7	2	4	3	6	9
4	2	9	6	8	5	1	7
3	8	6	1	9	7	4	2

Send a kiss

- **Nami.** This may be no secret, but I have loved you for a very long time. We've recently reconnected and I've never been so optimistic for my future. I hope you feel the same... From This Guy.
- **Team 4.** Dear Team 4, our time together has been the best of my life. When I dream I dream of you, I hope you know that. I hope that we can be together always. From Champion
- **you.** roses are red, violets are blue, waiting to hear from someone, that someone is you! From Blonde little girl.
- **kc.** Im going home now, hope you feel better, remember just dont lookme in thee eye and this will be easier, becasue i know if you do, you'll feel bad for me,, and i already recieved enough of your pity!!! Never wanted pity, wanted love but, well i guess for you and me there's always gunna be a BUT ehhh <3 From jg
- **Dear: Girlfriend in a Coma.** I miss you and I want a real kiss. You're so wet because I've been crying all over your face. Wake up, I want you!! Please Wake Up

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Horoscope

Aries | March 21 - April 20. You may not approve of a loved one's actions but neither are you going to condemn them.

Taurus | April 21 - May 21. The most important thing today is that you decide what you are going to do. Don't keep changing your mind.

Gemini | May 22 - June 20. If you don't feel happy where you are at the moment by all means get up and go some place else.

Cancer | June 21 - July 22. Try not to read anything dramatic into what others are saying.

Leo | July 23 - Aug. 22. If a friend makes a suggestion today you must listen.

Virgo | Aug. 23 - Sept. 22. The cosmic picture is somewhat uncertain today, so it might be wise to bet only on certainties.

Libra | Sept. 23 - Oct. 22. Who says you have to see things the same way as everyone else? You're a Libra. You're different.

Scorpio | Oct. 23 - Nov. 21. You can expect some really good things to happen over the next few days. Creatively and romantically you should set your sights high.

Sagittarius | Nov. 22 - Dec. 21. An older relative knows more about a situation than you do, so make sure you listen to, and act on, their advice.

Capricorn | Dec. 22 - Jan 20. You will find it difficult to make up your mind about something that would usually take you about three seconds to deal with.

Aquarius | Jan. 21 - Feb 18. There are so many opportunities available to you now that you may find it hard deciding which one to take advantage of. Go with the idea that first comes to mind.

Pisces | Feb. 19 - March 20. Do what you want to do today and don't worry if those around you think it's a bad idea.

SALLY BROMPTON

KATHY WILLENS / THE ASSOCIATED PRESS

Caption Contest

"Give me a T"
Phil

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